

MENU

LA BALENA

STARTERS

BRUSCHETTA POMODORI £8.50

Tomato & basil on toasted Italian bread (V) (Ve)

INSALATA DI MARE £12.00

Selection of fresh local seafood served cold

ARANCINI DI RISO £9.00

Breaded risotto rice with a spicy sugo (V)

CALAMARI FRITTI £11.00

Crispy fried squid with garlic mayo

PROSCIUTTO MELONE £10.50

Parma ham and melon

INSALATA CAPRESE £9.00

Tomatoes, basil & Buffalo mozzarella (V)

SIDES

Tenderstem Broccoli (V)(VE) £4.00

Marinated Olives (V)(VE) £4.00

Rosemary Focaccia (V)(VE) £8.00

Hand Cut Chips (V)(VE) £4.50

Truffle & Parmesan Chips £5.50

Garlic Bread (V) £5.00

Roast Potatoes (V)(VE) £5.00

Rocket & Parmesana Sala £4.50

PASTA

TAGLIATELLE RAGU £18.00

Traditional slow cooked beef in a rich tomato & red wine sauce

LASAGNE AL FORNO £17.00

Traditional lasagne with rich ragu & bechamel

SPAGHETTI CARBONARA £16.00

Pancetta, black pepper, pecorino & egg yolk

LINGUINE ALLO SCOGLIO £24.00

Fresh local seafood pasta in a tomato & white wine sauce with a hint of chilli

PENNE ARRABIATA (V)(VE) £14.00

Penne in a spicy tomato sugo

LINGUINE GRANCHIO £22.00

Linguine with crab, cherry tomatoes, fresh basil and a hint of chilli in a creamy sauce

PENNE AMATRICIANA £16.00

Penne with pancetta & onions in a rich tomato sauce

SPAGHETTI GAMBERONI E ZUCCHINI £21.00

Spaghetti with prawns, courgettes and cherry tomatoes

TORTELLI D'ERBETTE (V) £18.00

Handmade spinach & ricotta stuffed pasta with butter, sage and parmesan sauce

RISOTTO (min 2 people) 30 min wait

All our risottos are made to order, the traditional way and are worth the wait.

RISOTTO DI FUNGHI (V) £18.00pp

Wild mushroom risotto

RISOTTO DI MARE £24.00pp

Mixed local seafood risotto

FISH

MARKET FISH OF THE DAY £market price
Ask your server for the fish of the day

COZZE MARINARA £18.00

Local mussels in a tomato, white wine, garlic & chilli sauce, served with garlic bread

ZUPPA DI PESCE £30.00

Mixed local seafood stew served with garlic bread.

FRITTO MISTO £26.00

Mixed crispy fried seafood with fries & garlic mayo

MEAT

POLLO MILANESE £18.50

Breaded and fried chicken breast with a tomato & basil salad

ANATRA IN AGRO £26.00

DOLCE

Duck breast with red grapes in a port & balsamic sauce served with mashed potatoes & tenderstem broccoli

PORCHETTA AROSTO £18.50

Roasted pork belly with Italian herbs, served with roast potatoes and red cabbage & apple

500G T-BONE STEAK £

T-bone steak grilled and served with rocket and parmesan shavings

PIZZA

MARGHERITA (V) £14.00

Traditional tomato, mozzarella & basil

PARMA MASCARPONE £18.50

Tomato sauce with parma ham, mozzarella & mascarpone

SALMONE AFFUMICATO £19.50

Local smoked salmon, mozzarella, mascarpone and rocket

DIAVOLA £16.00

Tomato sauce with mozzarella and spicy salami

PERA BLU (V) £18.00

Hebridean blue cheese, poached pear and mozzarella

CAPRICCIOSA £16.00

Tomato sauce with ham, mushroom s and artichokes

MARINARA (V)(VE) £15.00

Tomato sauce with oregano capers & olives

DESSERT

Pizza sticks with nutella £9.00

Tiramisu £8.50

White chocolate Panna cotta £8.50

Affogato + Amaretto £6.00
£4.00

Sicilian cannoli £7.00

Gelato with amarena cherries £6.00



LA BALENA

ITALIAN RESTAURANT